Mediation Center of Hampton Roads – Norfolk*

(757) 624-6666

www.mediationhamptonroads.com

National Counseling Group, Inc.

(757) 467-2550

www.nationalcounselinggroup.com

Newport News Healthy Families Initiative*

(757) 926-6009

www.nngov.com/human-services/healthy-families

Norfolk Ready by 5! Norfolk Department of Social Services

(757) 664-6071

Planned Parenthood of Southeastern Virginia

(757) 321-6242

www.ppsev.org

Prevent Child Abuse Hampton Roads

(757) 440-2749

www.ucantbeatkids.org

Project LINK, Virginia Beach Department of Human Services Mental Health Substance Abuse Division

(757) 385-0810

www.vbgov.com

Seton Youth Shelters

(757) 306-1840

www.setonyouthshelters.org

The Planning Council

(757) 622-9268 | (800) 477-3993

www.theplanningcouncil.org

The Up Center*

(757) 622-7017 (Norfolk) | (757) 397-2121 (Portsmouth) www.theupcenter.org

Virginia Premier Health Plan, Inc.

(757) 461-0064

www.vapremier.com

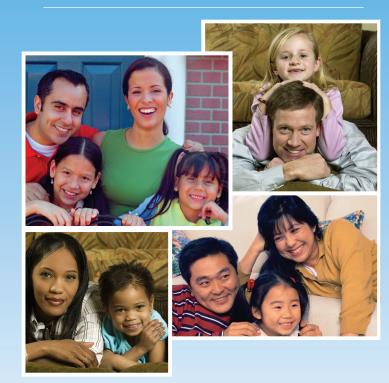
YMCA Community Services

(757) 962-2112

www.ymcashr.org

For HRPEN agency contact and/or program information visit www.chkd.org/hrpen

Parenting Education Network



PROMOTING POSITIVE PARENTING



Southside (757) 668-9304 Peninsula (757) 727-1300 www.chkd.org/hrpen

^{*} Offers court-mandated divorce and/or custody parenting classes. Classes are located throughout the Peninsula and Southside, serving all of Hampton Roads, regardless of residence or income. (Class fees imposed: sliding scale may be available.)

HRPEN is a network of agencies working together to provide quality programs for families.

Why Parent Education?

Everyone who is expecting or raising children can benefit from information about:

- Child development
- Positive discipline
- Healthy relationships
- Community resources
- Much MORE!

What to expect:

- Topic-specific workshops
- Multiple session classes
- Court-referred programs
- Early childhood/caregiver training
- Support groups and play groups
- Quality programs with free or affordable tuition

Why HRPEN?

Quality

- Promotes "best practice standards" for parent education programs
- Provides training for staff and volunteers
- Helps parents and professionals locate quality programs
- Provides monthly networking opportunities
- No fees for membership

Participating Agencies

Bon Secours Family Focus

(757) 886-6511 www.bshr.com/classes

Catholic Charities of Eastern Virginia Inc.*

(757) 875-0060 (Peninsula) (757) 533-5217 (Southside) www.cceva.org

Chesapeake Community Services Board

(757) 547-9334

www.cityofchesapeake.net

Chesapeake Bureau of Community Programs

(757) 382-6191

Chesapeake Public Schools Parent Resource Center

(757) 482-5923

Children's Hospital of The King's Daughters

(757) 668-9304 www.chkd.org

CHKD's Care Connection for Children

(757) 668-7132

www.chkd.org/services/careconnection

Fleet & Family Support Centers - MidAtlantic (Military)*

(757) 444-2102

www.cnic.navy.mil/navylifema

Hampton Department of Human Services – Division of Social Services

(757) 727-1800

www.hampton.gov/socialservices

Hampton Healthy Families Partnership*

(757) 727-1300

www.hampton.gov/healthyfamilies

KidsPrioritvOne

(757) CHILDREN (244-5373)

www.kidspriorityone.org

Lutheran Family Services of Virginia, Inc.

(757) 722-4707

www.lfsva.org

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Southside (757) 668-9304 • Peninsula (757) 727-1300 www.chkd.org/hrpen